

Survival kit for grandparents

New grandparents may need some help to survive –
the following things may be useful

- ♦ *Safety pin* Remind you to keep safe
- ♦ *Journal and pencil* For writing down your memorable moments and memories to share with the grandkids
- ♦ *Marbles* To replace the ones your about to loose
- ♦ *Lifesavers* Because grandparents can be “lifesavers”
- ♦ *Tissue/hand wipes* To clean up little messes
- ♦ *Mint* Always remember you are worth a mint
- ♦ *Sugar Cube* For that extra burst of energy
- ♦ *Sandpaper* When the grand kids get a little rough
- ♦ *Peg* A must for changing nappies
- ♦ *Nappy Bag* This will always come in handy
- ♦ *Headache Tablet* You’re going to need it
- ♦ *Extra money* Spoiling kids can be expensive
- ♦ *Sunglasses* For discreet nanny naps
- ♦ *Small pillow* So you can take those extra naps you will be needing
- ♦ *Extra eyes* You will need eyes in the back of your head
- ♦ *Apron* When things get messy
- ♦ *Earplugs* When things get a little noisy
- ♦ *Small hand-mirror* To remind you are important you are to your grandchild
- ♦ *Prepaid phone card* You will need all those extra phone minutes
- ♦ *Band-Aids* For life’s little hurts
- ♦ *Magnets* To hang all your grandchild’s artwork on the refrigerator
- ♦ *Clock* Remind you to enjoy every minute
- ♦ *Scrap album* To keep all your mementos
- ♦ *Small photo album* To show all your friends pictures of your grandchild
- ♦ *Book store gift certificate* So you can buy your grandchild’s first book
- ♦ *Candle* Remind you that you will always be a guide to your grandchild and the light in their eyes

